

# TUE tips

## during doping control

**Declare** the approved medication on your Doping Control Form.

**Specify** that a TUE has been granted.

**Show** a copy of the TUE approval to the doping control officer.

The procedures for applying for and granting a TUE are outlined in the International Standard for TUEs published by WADA. You may also contact your IF or NADO for more information.

**Note:** WADA does not grant TUEs.

**SRI LANKA ANTI-DOPING AGENCY (SLADA)**  
Therapeutic Use Exemption (TUE) Application Form

Please complete all sections (in capital letters or typing). Athletes to complete sections 1, 2, 3 and 7. Physician to complete sections 4, 5 and 6. Incomplete or incomplete applications will be returned and will need to be re-submitted in legible and complete form.

**1. Athlete Information**

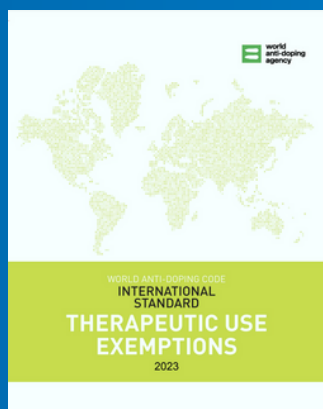
Last Name: \_\_\_\_\_ First Name(s): \_\_\_\_\_  
Gender:  Male  Female Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Telephone: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Sport: \_\_\_\_\_ Discipline: \_\_\_\_\_

**2. Previous Applications**

Have you submitted any previous TUE application(s) to any Anti-Doping Organization for the same condition?  
Yes  No

For which substance(s) or method(s)? \_\_\_\_\_  
To whom? \_\_\_\_\_ What (Date)? \_\_\_\_\_  
Decision Approved  Not approved

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In the case of any discrepancy between this information and the World Anti-doping Code, **the Code Prevails**. This information is subject to change at anytime. Always check with Sri Lanka Anti-Doping Agency (SLADA), your International Federation (IF) or National Federation (NF) for the most up to date anti-doping regulations.

### Sri Lanka Anti-Doping Agency

363/12, Sugathadasa Stadium Block-D,  
Stadium Parking Road,  
Sirimavo Bandaranaike Mawatha, Colombo 14.

E-mail : [sladast@yahoo.com](mailto:sladast@yahoo.com)

Office : 0112 328 366, 0112 328 367, 0113 071 838

Fax : 0112 328 370

Special Complaints Unit : 070 422 0422

AntiDoping SriLanka/ SLADA Education slada\_official Sri Lanka Anti-Doping Agency

Find out more at [wada-ama.org](http://wada-ama.org)

# Therapeutic Use Exemptions (TUE)

At-a-Glance



With the Support of the Fund for the Elimination of Doping in Sport



WORLD ANTI-DOPING AGENCY  
play true

# What?

As an athlete, you may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List, you may need to apply for a Therapeutic Use Exemption (TUE). This gives the athlete an exemption to take the medication, while competing in sport.



# Why?

TUEs ensure that athletes can obtain treatment for a legitimate medical condition - even if that treatment includes a prohibited substance or method. The TUE process avoids risk of sanctions.

# Who?

Any athlete who may be subject to testing (doping control) must obtain a TUE if they are taking a prohibited substance or using a prohibited method. All information shared in a TUE application remains strictly confidential.



# When?

A TUE application should be submitted as soon as possible. For substances banned in-competition only, athletes should apply for a TUE at least 30 days before their next competition, unless it is an emergency or exceptional situation. In such cases, a TUE may be applied for retroactively.

**30 days before  
your event**



# The TUE Process

See over for  
TUE tips



**1** Request a TUE form from your relevant anti-doping organization (ADO).\*

**2** Your physician fills out the TUE form and you send it back to your ADO. (Provide all necessary medical documentation)

**3** Once a TUE is requested, a panel of experts (a TUE Committee) selected by the ADO reviews your request and will grant a TUE if:

The prohibited substance or method is needed to treat a diagnosed medical condition.

The substance does not enhance your performance, it just brings the athlete back to normal health.

There are no reasonable, permitted, alternative treatments available.

**4** The ADO advises if a TUE has been approved (has an exemption to use the requested medication). If a TUE is denied, you will be informed of the reasons. Athletes have the right to appeal the decision.

\* Who do I contact/  
where do I return  
my form?

**National-level athletes:**  
Sri Lanka Anti-Doping Agency (SLADA)  
**International-level athletes:**  
International Federation (IF)

**At Major Games:**  
Major Event Organizer (MEO)